

Christmas Block Table Runner

The finished size is 35 cms by 106 cms (14 by 42 inches). The size can easily be increased by adding more blocks at point 2 of the instructions.

Materials required

- 5 fat eighths (or 5 4½ inch strips) of co-ordinated cream fabric
- Red and green fabric for appliqué
- 15 cms of binding fabric.
- 40 cms of backing fabric
- 40 cms of wadding
- Vliesofix or other double sided web for appliqué
- Pins, needle and thread, scissors, roller cutter, quilters ruler, cutting board, and other general sewing requirements.

Construction

1. Cut five rectangles measuring 4½ inches by 5½ inches from each of the cream fabrics.
2. Lay the fabric pieces out randomly in 3 rows of 8. Adjust layout until you are happy with it.
3. Sew the short edges of the rectangles together, forming 3 rows.
4. Press the seam allowance of the two outside rows to the left and press the centre row's seam allowances towards the right.
5. Stitch the three rows together butting the seams to ensure a neat join.
6. Once the top is constructed, fold the top in half lengthways and mark the centre at both ends.
7. Draw lines from the centre of the middle rectangle to the first joins or rows of rectangles forming a point.
8. Trim the fabric on the lines. Press.

Appliqué

9. Trace nine of the leaf template and eleven of the berry template onto the paper side of the Vliesofix. Reverse half of the leaves when tracing.
10. Cut around the shapes roughly.
11. Iron the leaves onto the wrong side of some green fabric and the berries onto the wrong side of some red fabric.
12. Cut out the shapes neatly on the lines.
13. Position two of the leaves and three berries at each end of the table runner. Adjust the pieces so that they form a cluster and are centred. Position the remaining leaves and berries in the centre of the table runner to form a circular cluster.
14. Iron in place.
15. Using a matching thread, either hand or machine stitch the appliqué to the table runner, sealing all exposed edges with the stitching.

Quilting

16. Lay the backing fabric right side down on a large flat surface. Position the wadding over the top of the backing fabric and then place the table runner right side up on top of both fabrics.

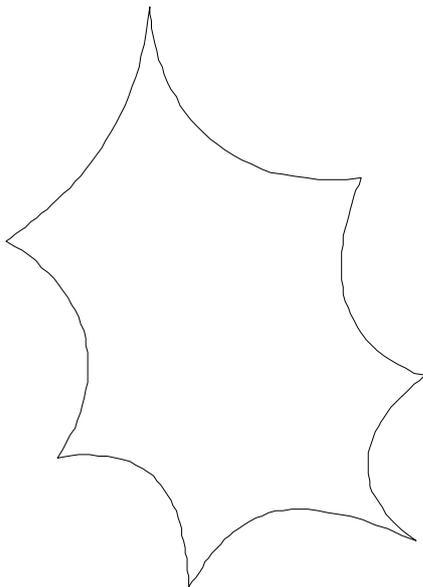
17. Starting from the centre and working outwards, pin all three layers together, smoothing out folds and keeping the three layers as even as possible.
18. Hand or Machine quilt through the three layers of fabric. Once the quilting is completed, trim the backing fabric and wadding in line with the quilt top.

Binding

19. Cut three strips of binding 2 inches wide, across the full length of the fabric. Do not stitch the strips together.
20. Fold the binding strips in half wrong sides together, matching raw edges and press.
21. Pin two of the binding strips to the long sides of the table runner. Make sure that about an inch of binding over hangs one end. Stitch in place using a $\frac{1}{4}$ inch seam allowance. Start and stop the stitching $\frac{1}{4}$ of an inch before the end of the table runner.
22. Trim the ends so that about an inch of binding over hangs the ends.
23. Cut the third strip into four even pieces.
24. Pin and stitch the binding pieces to the four short edges of the table runner ensuring even overlap at each end.
25. Mitre the corners as you sew.
26. Fold the binding strip to the back of the quilt covering the wadding and backing fabric, pin, press and hand slip stitch into place.

Templates

Leaf



Berry

